The following is a Notice of Privacy Practices; necessary legal information I am required to share with you. Feel free to ask questions if you have any.

1. You must be 18 or older to participate in online counselling with Poppy Perrin \_

2. You agree to be counselled by Poppy Perrin even if she is not present in your State or Country of Residence. You understand that this is a UK based service, insured by HOWDEN. And is provided in accordance with the NCPS ethical framework.

3. The on-line service does not allow for emergency response, therefore if you have a crisis/emergency, please call your local emergency number or go to the nearest hospital. If you are thinking about suicide or if you are considering taking actions that may cause harm to you or to others, or if you feel that you or any other person may be in any danger, or if you have any medical emergency, you must immediately call the emergency service number or other local suicide hotlines. You acknowledge, confirm and agree that the online platform used to communicate with Poppy Perrin is not designed for use in any of the aforementioned cases and that you must not use the platform in any of the aforementioned cases.

4. Any personal data that Poppy Perrin requests from you, is compliant under UK GDPR regulations, and Poppy Perrin is a fee paying registered member of the ICO. A copy of the privacy policy associated with this can be requested at any time from Poppy Perrin, and will also be given to you, The Client, at the commencement of services.

5. In general, Poppy Perrin will not disclose any personal information without your permission and will protect and keep your information private. The limits to confidentiality are as follows:

1. For supervision purposes
2. If Poppy Perrin suspects a risk of harm to yourself (the client) or to others, including person or property.
3. If a court of law requires Poppy Perrin to break confidentiality.
4. Illegal activities that must be reported include drug trafficking, money laundering, and acts of terrorism.

*6. You have the option to withdraw from therapy at any time.*

7. You have the option to provide a review or testimonial regarding your feedback of services provided by Poppy Perrin and your statement or image will not be used without your permission.

9. Your emergency contact information will only be used to contact you for emergency and safety reasons. Contact between sessions will be strictly limited to the purposes of session arrangement, resource sharing and therapy related support.

10. Services provided by Poppy Goodburn may include one or more of the following: Chat, email, and phone. The Client understands that the counselling process includes but is not limited to the practice of education, needs assessment, goal setting, accountability, referral to resources, problem solving, skills training, and help with decision making. These services are provided for the purpose of personal and/or professional development.